July 13, 2022

QUICK ACTIONS CAN SAVE A LIFE

Free lifesaving training offered by the Florida Department of Health

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Martin County, FL – The Florida Department of Health in Martin County is offering free Stop the Bleed® trainings for community members on July 20 and 23. Only one, one-hour course is needed to complete the training.

A bleeding injury can happen anywhere at any time. The person near a bleeding victim may be the one to assist the victim, until medical personnel arrive. Stop the Bleed® is a nationally recognized program that has trained and empowered millions of people worldwide on how to stop bleeding in a severely injured person until help arrives. The hands-on training will provide techniques, including how to correctly apply a tourniquet.

For more information or to register, visit: https://martin.floridahealth.gov/events/2022/07/stop-the-bleed.html

FREE Training*

Wednesday, July 20
10:00 -11:00 am or 1:20- 2:30 pm

Saturday July 23
10:00 – 11:00 am

*Only one, one-hour course is needed to complete the training

3441 SE Willoughby Blvd., Stuart

About the Florida Department of Health

The department, nationally accredited by the Public Health Accreditation Board, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

Follow us on Twitter at @GoHealthyMartin and on Facebook. For more information about the Florida Department of Health please visit www.MartinCountyHealth.com