

PREVENT DEATH BY OVERDOSE

If you suspect someone is experiencing an overdose, take these steps immediately:

- 1 Check to see if they respond
- 2 **Call 911**
- 3 Administer Naloxone
- 4 Give rescue breaths
- 5 Give chest compressions

To Avoid an Accidental Overdose:

- Never mix your opioids with alcohol, benzodiazepines (Xanax, Ativan, Klonopin, Valium), or medicines that make you sleepy.
- Talk to your health care provider about things to be aware of if you miss or change doses, feel ill, or start new medications.

RESOURCES

Florida Department of Health
FLHealth.gov

ISAVEFL

Find Naloxone for your
community at ISaveFL.com
or call 727-315-8658

CORE

If your or your loved one are in
need of recovery services, visit:
FLCoreNetwork.com

Florida HEALTH

Contact your local county health
department for information on receiving
Naloxone for your community.

Florida Department of Health
Martin County

772-221-4000

Stuart

3441 SE Willoughby Blvd.

Indiantown

16401 SW Farm Rd.

YOU CAN | Save A Life

Recognize and Respond to Overdose

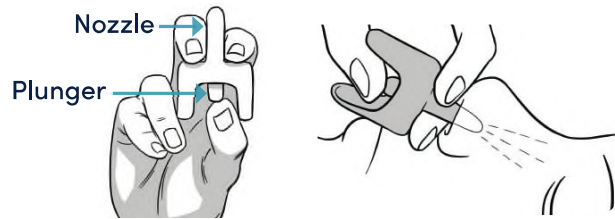
Signs of Overdose

- **Small, constricted “pinpoint pupils.”**
- **Falling asleep or losing consciousness.**
- **Slow, weak, or not breathing.**
- **Choking or gurgling sounds.**
- **Cold and/or clammy skin.**
- **Discolored skin, especially lips and nails.**
- **Limp body.**

Florida Department of Health

How to give Naloxone nasal spray:

This nasal spray needs no assembly and can be sprayed up one nostril by pushing the plunger.



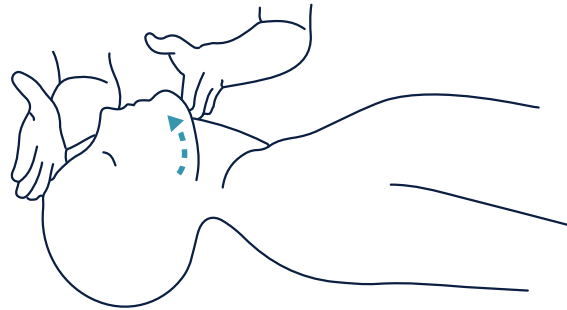
Naloxone will work on these medications:

Generic	Brand Name
Hydrocodone	Vicodin, Lorcet, Lortab, Norco, Zohydro
Oxycodone	Percocet, OxyContin, Roxicodone, Percodan
Morphine	MSContin, Kadian, Embeda, Avinza
Codeine	Tylenol with Codeine, TyCo, Tylenol #3
Fentanyl	Duragesic, Actiq
Hydromorphone	Dilaudid
Oxymorphone	Opana
Meperidine	Demerol
Methadone	Dolophine, Methadose
Buprenorphine	Suboxone, Subutex, Zubsolv, Bunavail, Butrans

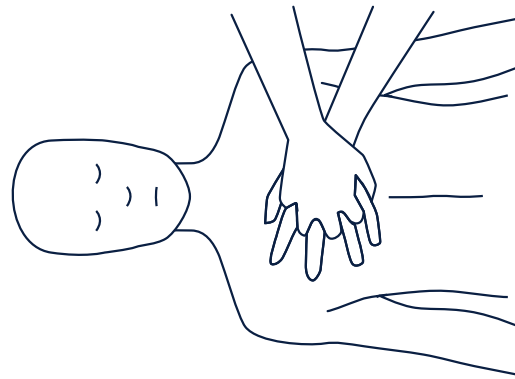
*Heroin is also an opioid.

How to perform CPR:

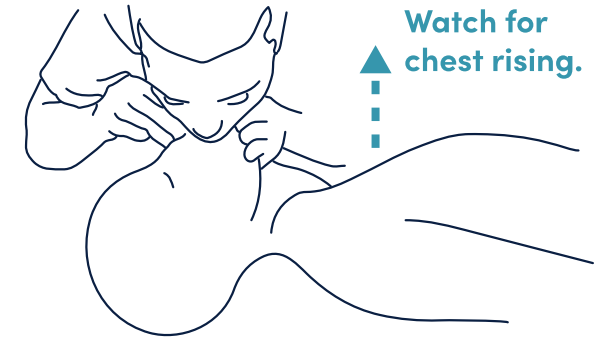
1 Open airways by lifting the chin slightly.



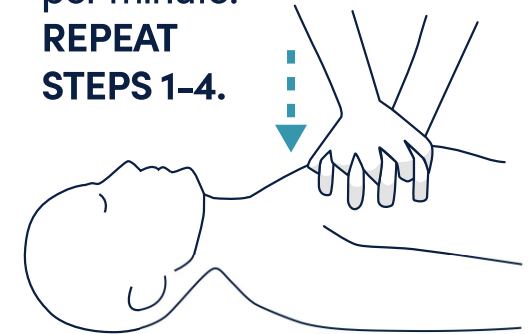
3 Intertwine fingers and place palm in middle of chest, above nipples.



2 Pinch nose and give two rescue breaths.



4 Use forceful pressure to push down 2 inches, then up. Continue 100 to 120 times per minute. **REPEAT STEPS 1-4.**



NALOXONE

YOU CAN SAVE A LIFE

