



MERCURY STUDY



PARTICIPANTS NEEDED!

WHO: Women (Age 18-49)

Martin County residents

(for at least 1 year)

Participants will receive:

Free testing, personal results via mail in 4-6 weeks and recommendations to reduce your risk

- **Information kept confidential to protect your privacy**
- **Short survey, small hair sample for test (test is free)**

The Martin County Health Department is conducting a Mercury Biomonitoring Project with a grant to measure mercury levels in women of child-bearing age in our county.



Mercury found in our oceans and rivers is absorbed by fish and then passed on to people who eat fish. High levels of mercury can cause **health problems**, especially among pregnant women, their unborn babies, and women planning to become pregnant.

For more information, call Todd Reinhold at (772) 221-4090 or Kerry Matthews at (772) 260-4328

Or visit www.martincountyhealth.com

