DOH-MARTIN CELEBRATES NATIONAL PUBLIC HEALTH WEEK



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Martin County, FL — This week, The Florida Department of Health in Martin County, (DOH-Martin) celebrates National Public Health Week. This celebration, observed April 3-9, 2023, is a time to champion the health of all Americans.

This week, we recognize that everyone should lead healthier lives, regardless of where they live, work, or come from.

"Over the past few years, during the COVID-19 pandemic, public health unfortunately lost sight of many of its foundational tenets, such as emotional and mental well-being, the importance of education, and the role of healthy relationships in creating healthy communities," said **State Surgeon General Dr. Joseph Ladapo**. "As we celebrate National Public Health Week, we should aspire to reconnect with the broad vision that public health truly captures."

"From supporting Moms and babies, to ensuring healthy environments to preventing and controlling the spread of disease, our team is dedicated to supporting and serving our community." said Carol Ann Vitani, Health Officer, DOH-Martin. "In addition, the Martin County Community Health Improvement Plan (CHIP) is designed to address specific opportunities for improved health that have been identified by the community."

Whether you get active through the *Keep it Moving Challenge* or start other great habits like eating healthier, joining others in these actions can help you effectively develop and maintain healthy habits. To learn more about other healthy habits, visit <u>HealthierYouFL.com</u>.

National Public Health Week also recognizes the long history and achievements in public health. Public health professionals across Florida dedicate their lives to helping people and communities get healthy, from improving maternal and child health to improving disease control and prevention to addressing environmental concerns and emergency preparedness.

Key public health data related to these efforts, including birth and death vital statistics and population estimates, are available online. You can view county and state reports, health indicators, data query systems, and more on the Florida Department of Health's FLHealthCHARTS.gov.

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About the Florida Department of Health

The Department, nationally accredited by the <u>Public Health Accreditation Board</u>, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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