

# *2014/15 Annual Report*

**Florida Department of Health  
Martin County**



We are  
**Public Health**





Karlette J. Peck, MPH, P.A.  
Health Officer

Dear Partners,

I am continuously grateful for the dedicated health department staff and the many community partners who support the work of Public Health in Martin County. We have much to celebrate including the launch of our school based dental sealant program which served more than 950 children during the 2014/15 school year. The program provides, with parental consent, protective dental sealants, fluoride treatments, as well as oral health education. Best of all, these services will continue in the coming school year thanks to a grant from the Children's Services Council.

***Making a commitment to good health***

Our partnership with the United Way Health Task Force continues to grow and we look forward to the launch of 5-2-1-0 *Let's Go* in our community. We embrace this initiative which supports good health and reminds us daily to enjoy 5 fruits and vegetables, limit recreational screen time to 2 hours, participate in 1 hour of exercise and have 0 sugary drinks. Good advice!

***Healthy lifestyles, healthy choices***

Progress is being made in the area of health disparities and childhood obesity. A nurse program specialist is now on board to provide outreach and education in western Martin County, with the goal of developing a *Promotores de Salud* program. *Promotoras*, or community health workers, are specially trained to support health education and encourage engagement in Spanish speaking communities.

We recently completed a Community Health Assessment and look forward to working with our residents and community partners on a Community Health Improvement Plan to address community health needs. All of these efforts support our mission to promote, protect and improve health in our community.



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Karlette



## Locations

### Stuart

3441 SE Willoughby Boulevard  
772-221-4000

### Indiantown

16401 SW Farm Road  
772-597-3687

MartinCountyHealth.com

We are

**Public Health**



### Mission

*To protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.*



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# Environmental Health



**Investigation • Monitoring • Regulation**



## Programs & Services

### Water Programs

Beach/River Sampling • Community/Public Pools • Wells/Drinking Water

### Permits & Inspections

Septic Systems • Tanning Facilities • Tattoo/ Permanent Make-up Facilities

Well Construction/Abandonment • Bio Medical Waste • Body Piercing Facilities • Select Food Establishments

### Facility Inspections

Schools, Correctional Facilities, Assisted Living/Group Care

### Inspections:

Migrant Labor Camps • Mobile Home Parks

### Outbreak Investigations

Mosquito Borne Disease

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# Epidemiology

Detect • Track • Prevent

## 2014 Disease Surveillance

- Included
- Influenza**
- Gastrointestinal illnesses**
- Hepatitis**
- Animal Bites**
- Tuberculosis**
- HIV/AIDS**

## Martin County Emergency Room Visits:

56,781\*

\* All were screened for reportable diseases

## HIV/AIDS Program

HIV Tests

570

AIDS Drug Assistance Program (ADAP)

Residents enrolled: 67

**Measles & the MMR Shot**

FloridaHealth.gov • Florida Department of Health

**Measles is a respiratory disease.**  
Measles affects the lungs and breathing tubes. It causes fever, cough and rash. Measles is very contagious, and can be deadly.  
Measles remains common outside of the U.S.—it is only a plane ride away.

## Reportable Disease

Investigations: 497

Confirmed Cases: 336

Outbreak Investigations: 9

## Tuberculosis

PPD (skin tests): 163 • Quantiferon (blood tests): 39

Latent cases: 29 • Active cases: 4

**Know The Facts:**  
**HALF**  
OF ALL STDs ARE IN PEOPLE UNDER THE AGE OF 25.  
#STDMONTH15

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# School Health

School Health Nurses work to appraise, protect and promote the health of students.

## Services include:

- Conduct health record reviews
- Nursing assessments, health care plans, emergency action plans
- Medication documentation and administration training
- Case management for chronic disease
- Health screenings: vision, hearing, scoliosis, BMI
- Health education & training for students and school staff
- Referrals for health treatment

*\*Nurse to Student ratio: 1 : 2,374*

*Nurse to School ratio: 1 : 3*



## Childhood Obesity rates

Martin County students overweight or obese

First grade: 29%

Third grade: 33%

Sixth grade: 37%

*\*Note: The school nurse (professional registered nurse) to student ratio recommended by the American Academy of Pediatrics, National Association of School Nurses, and U.S. Department of Health and Human Services is one school nurse for every 750 students.*

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## Vital Statistics

We offer birth records for the state of Florida from 1930 to present and certificates for death from 2009 to present. As a convenience to the public, birth certificates are now available at the Tax Collector's office, Palm City location.

Vital Statistics	
Clients	5,455
Services	17,381
FY 2013/2014	

## Family Planning

Providing reproductive health and family planning services for women, men and teens.

Family Planning	
Clients	1,267
Services	3,456
FY 2013/2014	



The "Family Planning Medicaid for Today's Woman" program provides family planning services to all Medicaid eligible women.

## Healthy Start : For pregnant women and new mothers

Support • Education • Resources

	Clients	Services
Healthy Start prenatal	830	4253
Healthy Start Child	396	2607



Every baby deserves a healthy start in life



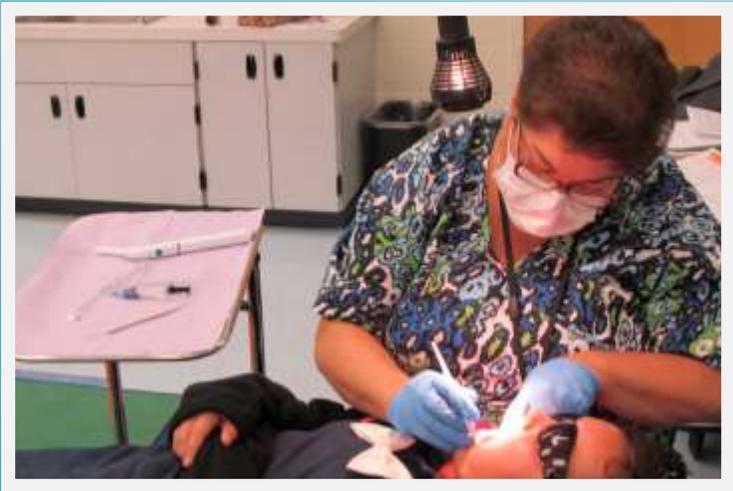
More information available at:

[www.MartinCountyHealth.com](http://www.MartinCountyHealth.com)

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## Dental Sealant program

Providing protective dental sealants, fluoride treatments and oral health education and screenings within Martin County Schools.



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### Healthy Teeth for a Healthy Life



**Seal Away Tooth Decay**

*School based  
dental sealant program*

- Martin County School District  
Grades: 2,3,5 and Head Start

**Services**

- Protective Dental Sealants
- Fluoride Treatments
- Oral Health Screening
- Education & Prevention Info.

Services are provided by a licensed dental hygienist from the Florida Department of Health at no cost to participants. Services are billed to Medicaid for eligible participants.

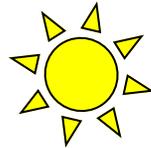
More information:  
[www.MartinCountyHealth.com](http://www.MartinCountyHealth.com)  
(772) 221-4000 ext. 2104



### Highlights:

- Pilot program launched in October 2014
- Services provided in Title I schools and Head Start program
- Approximately 950 children served
- Awarded a Children's Services Council grant to continue services in the 2015/16 school year

The Women, Infants and Children Program (WIC) is a federally funded nutrition program providing nutrition counseling and healthy foods to eligible families. Licensed nutritionists work closely with young families in the community to help them build healthy habits for a lifetime



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Proclamation  
**National Nutrition Month**  
Accepted by: Leah Bowzer, Nutrition Director  
City of Stuart, March 2014

### 2014 Highlights

#### EBT Cards

WIC changed to Electronic Benefits Transfer (EBT) cards from paper vouchers. 2,567 families received EBT cards to purchase healthy foods from local grocers.

#### Breast Pumps

Provided 80 electric breast pumps to nursing mothers through a donation provided by Healthy Start.

#### Peer Counselor Program

Five part-time staff provide mother to mother breastfeeding support to women and their babies.

#### World Breastfeeding Week • Community Event

Community education program. Guest presenters included local community partners and residents. August 2014

### Successes

#### WIC Breastfeeding Rates

#### Martin County ranks #1

- Infants currently breastfeeding
- Infants breastfeeding at least 6 months

December 2014

### Nutrition Campaigns:

- *Rise and Shine: It's Breakfast Time*
- *A Healthy Smile for You and Your Family*
  - *Where's the Sodium?*
  - *Cooking with Beans*



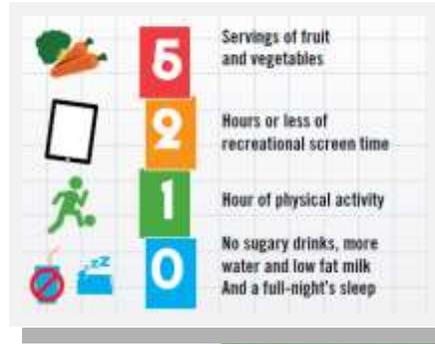
**Highlights:**

Nurse program specialist hired to provide outreach and education on preventing childhood obesity.

Partnerships: United Way Health Task Force



Healthiest Weight Florida is a public-private collaboration bringing together state agencies, not for profit organizations, businesses, and entire communities to help Florida's children and adults make choices about healthy eating and active living.



**Programs & Events**

Seeds of Health

Pine School Fun Run

Parent University: MC School District

Tykes & Teens: Mapping the Middle

Food Day: House of Hope

Nature Play, Rx for Play

Healthy Promise

Happy Healthy Heart

March of Dimes Walk

Healthy Kids Day: YMCA

Club FIT: Indiantown Middle School

Cultural Night/Perkins Head Start

LEAP Program, MC Library: Indiantown

Every Kid Healthy Week

Healthiest Weight: Cleans Up!

LET'S GO!



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## 2014 Highlights

### EXERCISES

TDAP Immunization/Exercise  
Strategic National Stockpile Exercise  
Tsunami Exercise  
Statewide Hurricane Exercise  
Communications Exercises  
Tabletop Ebola Exercise with Community Partners  
Shelter Registration Workshop

### TRAININGS ATTENDED & PROVIDED

Helped Develop Active Bystander Training for the State  
Shelter Operations Management  
Cognitive Care Awareness  
Body Mechanics  
ESF 8 Overview  
Bio Terrorism Mass Prophylaxis  
Florida's Radiation Response Volunteer Corps  
Logistics Section Chief  
Operations Section Chief  
Incident Commander  
ICS 300  
Donning and Doffing  
N95 Fit Testing  
PERC Radiological Training  
Intelligence Liaison Officer  
Strike Team Leader Training  
Special Needs Strike team  
Nurse Skills Refresher Training  
Effective Communication  
Decision Making and Problem Solving

## Emergency Preparedness & Response

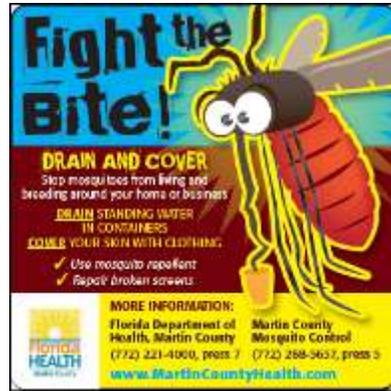


Our emergency response efforts are supported by a team of medical and non-medical volunteers who provide assistance with a variety of community outreach events and initiatives.



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# Public Information & Outreach



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### Highlights

- Partnership with Martin County TV to produce the "Health Matters" show
- Dengue Prevention & Community Outreach in Rio, April 2014
- Florida Public Relations Society, 2014 Communicator of the Year : Renay Rouse
- Tdap Immunization clinic & community partner outreach, August 2014
- Dengue Fever presentations at the Florida Environmental Health Association conferences, July 2014



# FLORIDA DEPARTMENT OF HEALTH IN MARTIN COUNTY REVENUE SOURCES

FY 2013/2014

OTHER  
STATE  
4%

LOCAL  
25%

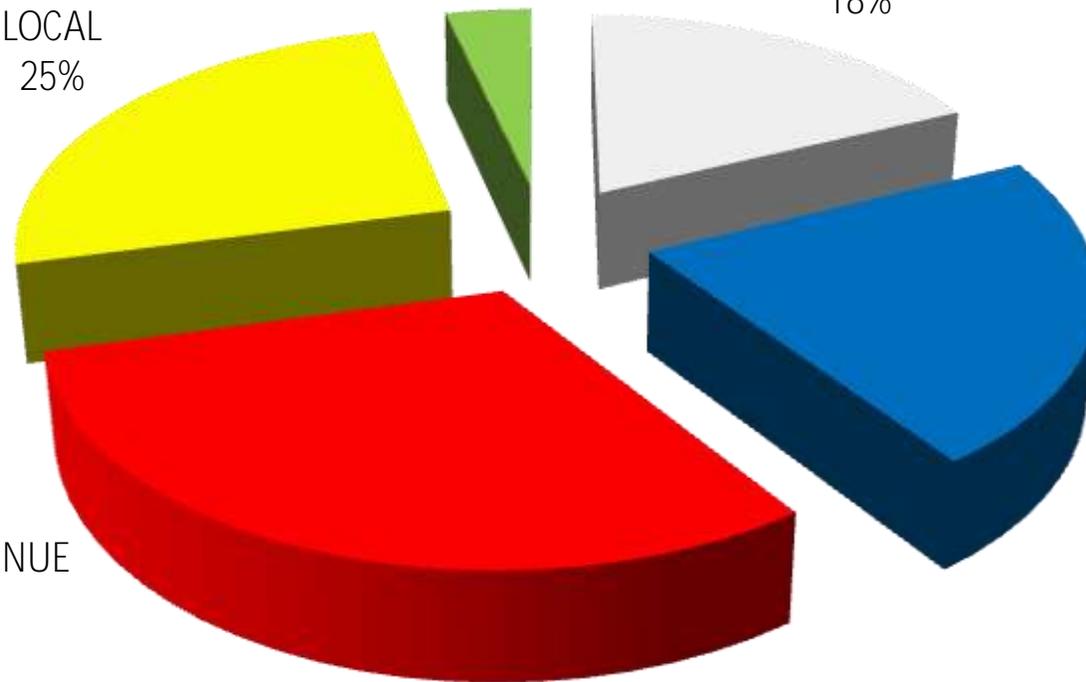
EARNED  
18%

FEDERAL  
22%

GENERAL REVENUE  
31%

TOTAL REVENUE: \$4,977,319

SOURCE: SPENDING PLAN





**BOYS & GIRLS CLUBS**  
OF MARTIN COUNTY



## Community Partners

Florida Department of Health  
Martin County