2014/15 Annual Report
Florida Department of Health
Martin County

We are Public Health
Dear Partners,

I am continuously grateful for the dedicated health department staff and the many community partners who support the work of Public Health in Martin County. We have much to celebrate including the launch of our school based dental sealant program which served more than 950 children during the 2014/15 school year. The program provides, with parental consent, protective dental sealants, fluoride treatments, as well as oral health education. Best of all, these services will continue in the coming school year thanks to a grant from the Children’s Services Council.

**Making a commitment to good health**

Our partnership with the United Way Health Task Force continues to grow and we look forward to the launch of 5-2-1-0 Let’s Go in our community. We embrace this initiative which supports good health and reminds us daily to enjoy 5 fruits and vegetables, limit recreational screen time to 2 hours, participate in 1 hour of exercise and have 0 sugary drinks. Good advice!

**Healthy lifestyles, healthy choices**

Progress is being made in the area of health disparities and childhood obesity. A nurse program specialist is now on board to provide outreach and education in western Martin County, with the goal of developing a *Promotores de Salud* program. *Promotoras*, or community health workers, are specially trained to support health education and encourage engagement in Spanish speaking communities.

We recently completed a Community Health Assessment and look forward to working with our residents and community partners on a Community Health Improvement Plan to address community health needs. All of these efforts support our mission to promote, protect and improve health in our community.

Karlette
**Locations**

**Stuart**
3441 SE Willoughby Boulevard
772-221-4000

**Indiantown**
16401 SW Farm Road
772-597-3687

**Mission**
To protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

**MartinCountyHealth.com**

**Public Health**

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**2014/15 Annual Report**
Environmental Health

Investigation • Monitoring • Regulation

Programs & Services

Water Programs
Beach/ River Sampling • Community/ Public Pools • Wells/ Drinking Water

Permits & Inspections
Septic Systems • Tanning Facilities • Tattoo/ Permanent Make-up Facilities
Well Construction/ Abandonment • Bio Medical Waste • Body Piercing Facilities • Select Food Establishments

Facility Inspections
Schools, Correctional Facilities, Assisted Living/ Group Care

Inspections:
Migrant Labor Camps • Mobile Home Parks

Outbreak Investigations

Mosquito Borne Disease

2014/15 Annual Report
Epidemiology

Detect ● Track ● Prevent

2014 Disease Surveillance

- Included
- Influenza
- Gastrointestinal illnesses
- Hepatitis
- Animal Bites
- Tuberculosis
- HIV/AIDS

Martin County Emergency Room Visits:
56,781*

* All were screened for reportable diseases

HIV/AIDS Program

HIV Tests
570

AIDS Drug Assistance Program (ADAP)
Residents enrolled: 67

Reportable Disease

Investigations: 497
Confirmed Cases: 336
Outbreak Investigations: 9

Tuberculosis

PPD (skin tests): 163 • Quantiferon (blood tests): 39
Latent cases: 29 • Active cases: 4

2014/15 Annual Report
School Health

School Health Nurses work to appraise, protect and promote the health of students.

**Services include:**
- Conduct health record reviews
- Nursing assessments, health care plans, emergency action plans
- Medication documentation and administration training
- Case management for chronic disease
- Health screenings: vision, hearing, scoliosis, BMI
- Health education & training for students and school staff
- Referrals for health treatment

*Nurse to Student ratio: 1 : 2,374
Nurse to School ratio: 1 : 3

**Childhood Obesity rates**

Martin County students overweight or obese

- First grade: 29%
- Third grade: 33%
- Sixth grade: 37%

*Note: The school nurse (professional registered nurse) to student ratio recommended by the American Academy of Pediatrics, National Association of School Nurses, and U.S. Department of Health and Human Services is one school nurse for every 750 students.*
Vital Statistics

We offer birth records for the state of Florida from 1930 to present and certificates for death from 2009 to present. As a convenience to the public, birth certificates are now available at the Tax Collector’s office, Palm City location.

Family Planning

Providing reproductive health and family planning services for women, men and teens.

Family Planning

Clients 1,267
Services 3,456
FY 2013/2014

The “Family Planning Medicaid for Today’s Woman” program provides family planning services to all Medicaid eligible women.

Healthy Start: For pregnant women and new mothers

Support • Education • Resources

<table>
<thead>
<tr>
<th></th>
<th>Clients</th>
<th>Services</th>
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Every baby deserves a healthy start in life

More information available at:

www.MartinCountyHealth.com
Dental Sealant program

Providing protective dental sealants, fluoride treatments and oral health education and screenings within Martin County Schools.

Highlights:

- Pilot program launched in October 2014
- Services provided in Title I schools and Head Start program
- Approximately 950 children served
- Awarded a Children’s Services Council grant to continue services in the 2015/16 school year
The Women, Infants and Children Program (WIC) is a federally funded nutrition program providing nutrition counseling and healthy foods to eligible families. Licensed nutritionists work closely with young families in the community to help them build healthy habits for a lifetime.

2014 Highlights

EBT Cards
WIC changed to Electronic Benefits Transfer (EBT) cards from paper vouchers. 2,567 families received EBT cards to purchase healthy foods from local grocers.

Breast Pumps
Provided 80 electric breast pumps to nursing mothers through a donation provided by Healthy Start.

Peer Counselor Program
Five part-time staff provide mother to mother breastfeeding support to women and their babies.

World Breastfeeding Week • Community Event
Community education program. Guest presenters included local community partners and residents. August 2014

Successes

WIC Breastfeeding Rates
Martin County ranks #1
- Infants currently breastfeeding
- Infants breastfeeding at least 6 months

December 2014

Nutrition Campaigns:

- Rise and Shine: It’s Breakfast Time
- A Healthy Smile for You and Your Family
  - Where’s the Sodium?
  - Cooking with Beans

Proclamation

National Nutrition Month
Accepted by: Leah Bowzer, Nutrition Director
City of Stuart, March 2014
Highlights:
Nurse program specialist hired to provide outreach and education on preventing childhood obesity.
Partnerships: United Way Health Task Force

Programs & Events
Seeds of Health
Pine School Fun Run
Parent University: MC School District
Tykes & Teens: Mapping the Middle
Food Day: House of Hope
Nature Play, Rx for Play
Healthy Promise
Happy Healthy Heart
March of Dimes Walk
Healthy Kids Day: YMCA
Club FIT: Indiantown Middle School
Cultural Night/Perkins Head Start
LEAP Program, MC Library: Indiantown
Every Kid Healthy Week
Healthiest Weight: Cleans Up!

Healthiest Weight Florida is a public-private collaboration bringing together state agencies, not for profit organizations, businesses, and entire communities to help Florida's children and adults make choices about healthy eating and active living.
Our emergency response efforts are supported by a team of medical and non-medical volunteers who provide assistance with a variety of community outreach events and initiatives.

**2014 Highlights**

**EXERCISES**
- TDAP Immunization/Exercise
- Strategic National Stockpile Exercise
- Tsunami Exercise
- Statewide Hurricane Exercise
- Communications Exercises
- Tabletop Ebola Exercise with Community Partners
- Shelter Registration Workshop

**TRAININGS ATTENDED & PROVIDED**
- Helped Develop Active Bystander Training for the State
- Shelter Operations Management
- Cognitive Care Awareness
- Body Mechanics
- ESF 8 Overview
- Bio Terrorism Mass Prophylaxis
- Florida’s Radiation Response Volunteer Corps
- Logistics Section Chief
- Operations Section Chief
- Incident Commander
- ICS 300
- Donning and Doffing
- N95 Fit Testing
- PERC Radiological Training
- Intelligence Liaison Officer
- Strike Team Leader Training
- Special Needs Strike team
- Nurse Skills Refresher Training
- Effective Communication
- Decision Making and Problem Solving
Public Information & Outreach

Highlights

- Partnership with Martin County TV to produce the “Health Matters” show
- Dengue Prevention & Community Outreach in Rio, April 2014
- Florida Public Relations Society, 2014 Communicator of the Year: Renay Rouse
- Tdap Immunization clinic & community partner outreach, August 2014
- Dengue Fever presentations at the Florida Environmental Health Association conferences, July 2014
FLORIDA DEPARTMENT OF HEALTH IN MARTIN COUNTY
REVENUE SOURCES
FY 2013/2014

EARNED 18%
FEDERAL 22%
GENERAL REVENUE 31%
LOCAL 25%
OTHER STATE 4%
OTHER
STATE
4%

TOTAL REVENUE: $4,977,319

SOURCE: SPENDING PLAN

2014/15 Annual Report
Community Partners
Florida Department of Health
Martin County