For immediate release: April 5, 2019  
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Martin County officials share information on Hepatitis A

Martin County officials met this morning to plan and share information related to recent confirmed cases of Hepatitis A in our community.

Since January 2019, there have been 13 confirmed cases in Martin County. There have been 1,200 confirmed cases of Hepatitis A statewide. The Florida Department of Health considers a community “high risk” when the confirmed number of cases reaches 5. Martin County reached high risk status with 5 confirmed cases as of Monday, April 1.

What is Hepatitis A
Hepatitis A is a contagious liver disease usually spread person to person through objects, food or drink that are contaminated by small amounts of fecal matter from a person with Hepatitis A.

What should Martin County residents do?

- Seek medical attention if any person experiences symptoms of illness.
- Contact a healthcare provider or primary care physician with questions or concerns.
- Visit [www.martincountyhealth.com](http://www.martincountyhealth.com) for detailed information and printable resources.
- Exercise good hygiene - handwashing for a minimum of 20 seconds, after using the bathroom and before preparing or eating food.
- Vaccinate. The Hepatitis A vaccine is available in the community via health care providers and local pharmacies.

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